

# Friendship Card with Embroidered Lilies

By Judy Headrick

The first time I embroidered anything on paper was when I was thirteen. I had never seen or heard of embroidery on paper, but my art teacher held a competition and told us we could use any medium we wanted as long as it would go on paper. I loved to embroider and wondered how it would look on paper so my entry was a watercolor and embroidery picture of Christmas candles and holly. My art teacher was impressed and my project was put on display for parents' night.

Fast forward a couple decades to 2003. Embroidery on paper was one of the first techniques I included on my website. My first designs were simple geometrics. Things like circles ovals and stars. Soon I started experimenting with other shapes as well as pictures. One of my favorites is a lighthouse, and of course, I love flowers. This project is my favorite so far. It is a card with a trio of embroidered lilies.



## Materials used

- Light blue textured card stock 4.75" x 6.24" (DCWV)
- Dark Pink patterned paper 4.75" x 6.24" (DCWV Summertime stack)
- Pastel yellow card blank 6.5" x 5"
- Small piece of dusty rose card stock
- 5/8" wide Burgundy ribbon
- Zots
- Glue stick
- Scotch tape
- DMC floss #3687 (dark pink), 367 (green) and 726 (yellow)
- embroidery needle #3
- Paper piercing tool
- Lily pattern
- Scissors
- Foam pad (a mouse pad will do)
- Cutting mat
- Scotch adhesive putty
- Just A Note stamp (HOTP)
- Color Box magenta pigment ink pad
- Clear embossing powder
- Tumbled Glass distress ink (Ranger)
- Tea Dye distress ink (Ranger)
- Cosmetic pad or sponge for applying distress ink
- Layered Labels template (HOTP)

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## Instructions:

When stitching on paper, do not tie knots. Instead, simply tape the end of the thread to the back of the paper. Use only one strand of floss when stitching this pattern. I use fairly short lengths of floss, 18 to 25 inches, because paper and card stock tend to fray the floss fibers as the floss is being pulled through the holes.

### Step 1

Cut out the pattern and use the adhesive putty to stick it to the front of the light blue card stock. Place the card stock on a foam pad and place the foam pad on a cutting mat to protect your work surface.

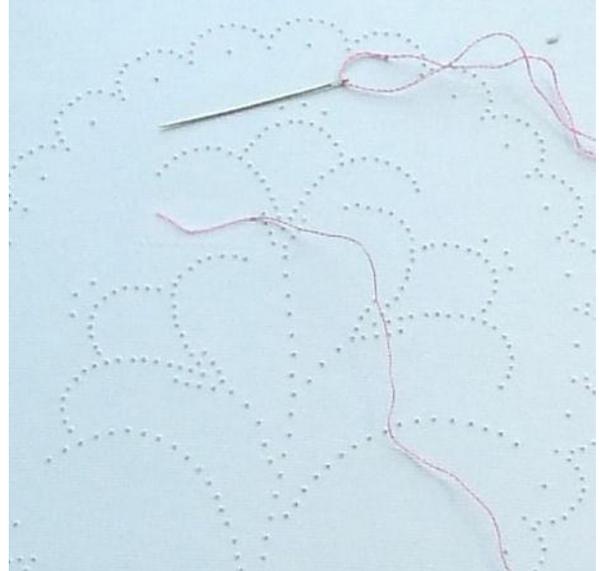


### Step 2

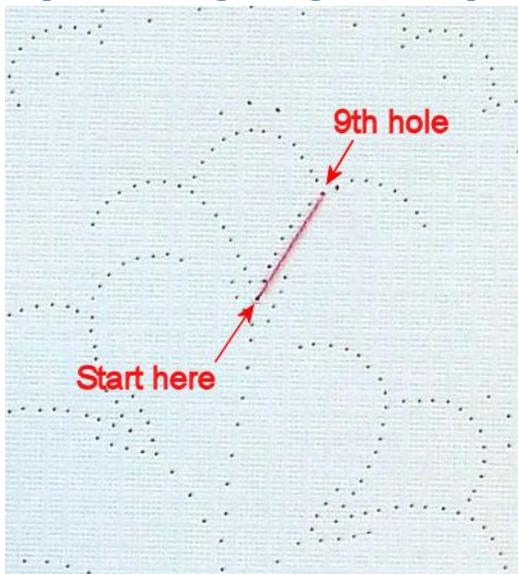
Using a paper piercing tool, pierce all black dots, making sure to pierce all the way through the pattern and card stock. When you are done, you can check for any missed dots by holding the pattern up to a light or a window. After making sure all holes were pierced, remove the pattern.

### Step 3

Use a single strand of dark pink floss (DMC 3687). Tape the end of the floss to the back of the card stock near the bottom of one of the lilies.

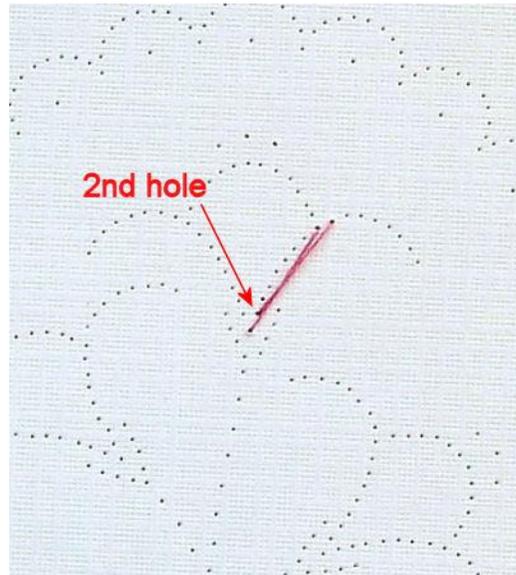


### Step 4 - Stitching the right and left petals



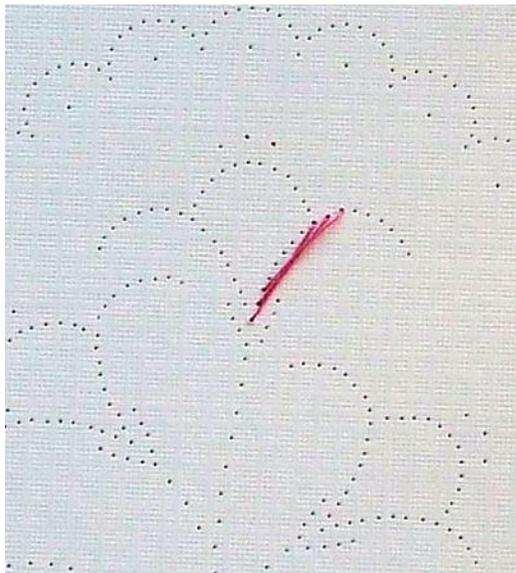
Bring the floss up through the bottom hole and stitch down through the ninth hole as shown.

Bring the floss up through the tenth hole and down through the second hole.

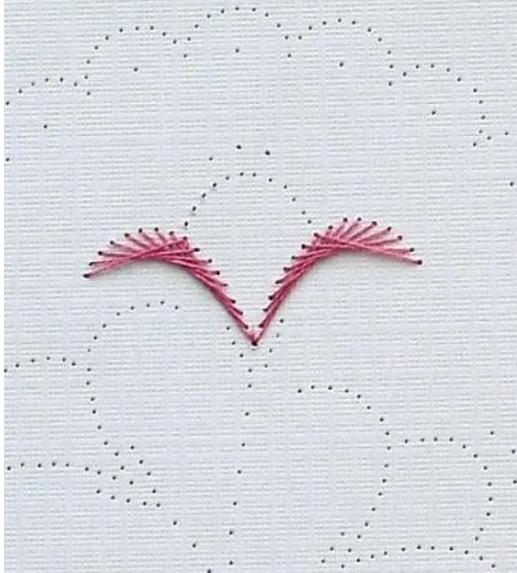


Continue stitching advancing one hole on each end as you go.

When you are done with the right petal, it will look like this.



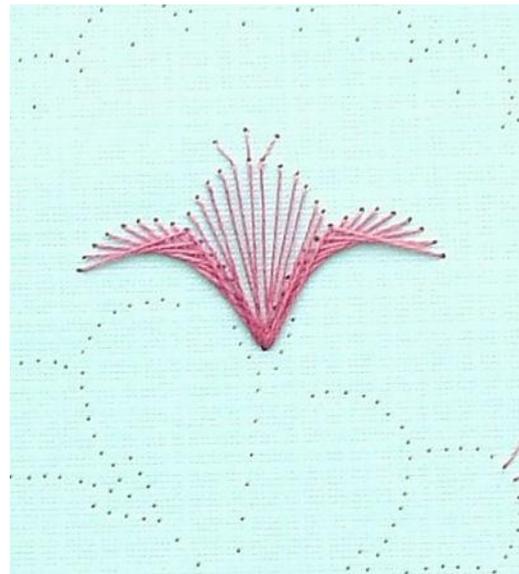
Repeat for the left petal.



### Step 5 - Center Petal Layer 1

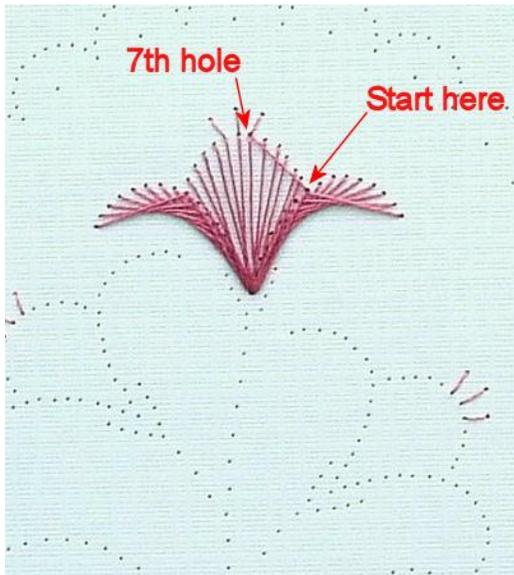
Bring the floss up through the far right hole in the center lily petal and stitch down through the bottom hole. Continue across the entire lily petal.

Add the stamens at the top as shown.

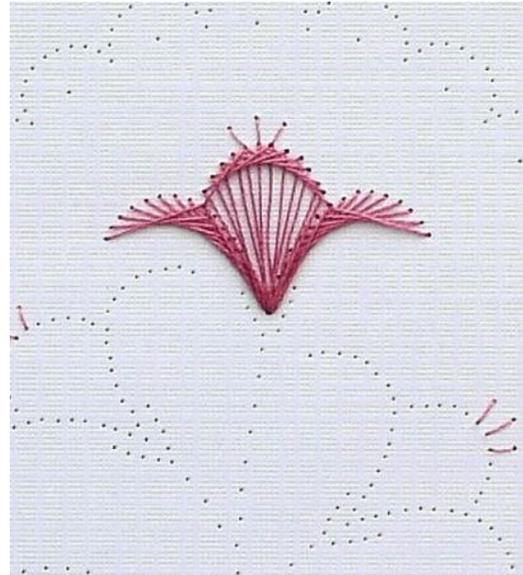


## Step 6 - Center Petal Layer 2

Bring the floss up at the far right hole for the center petal. Count forward to the seventh hole and stitch down. Stitch up through the eighth hole and down through the second hole, up through the third hole and down through the ninth hole.

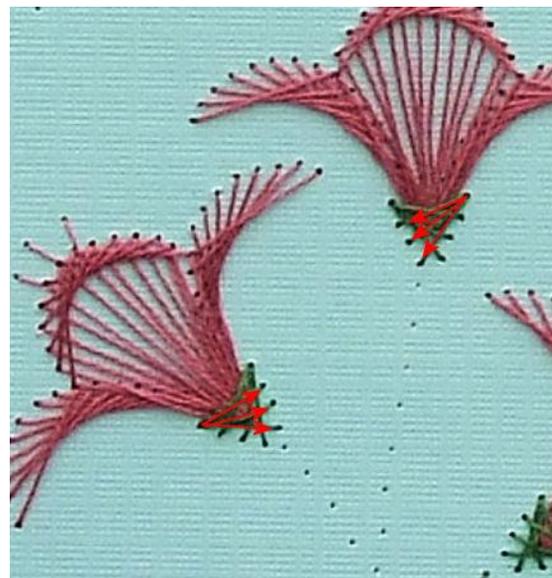


Continue across the top of the petal until you reach the last hole.



## Step 7 Calyx

Switch to green floss (DMC 367). The calyx consists of eight holes, four on each side of the flower at the bottom of the flower petals. Stitch up through the top right hole and down through the bottom left hole. Stitch up through the top right hole and down through the second left hole, up through the top right hole and down through the third left hole. Stitch the left side in the same way.



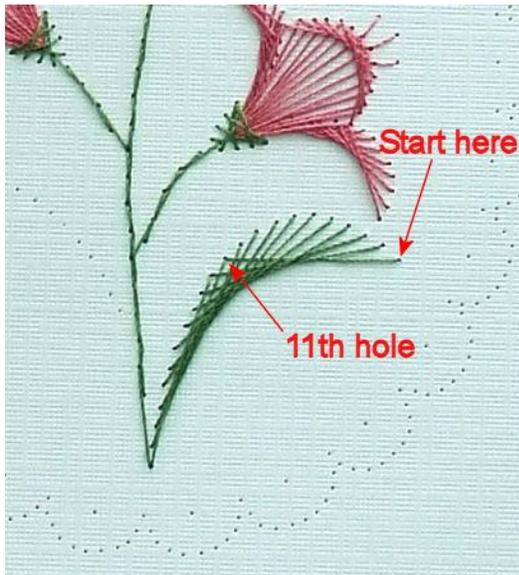
## Step 8 Stem

The stems are stitched as follows:

Stitch up through hole 1, down through hole 3, up through hole 2 down through hole 4, up through hole 3, down through hole 5, etc. Continue to the end of the stem.



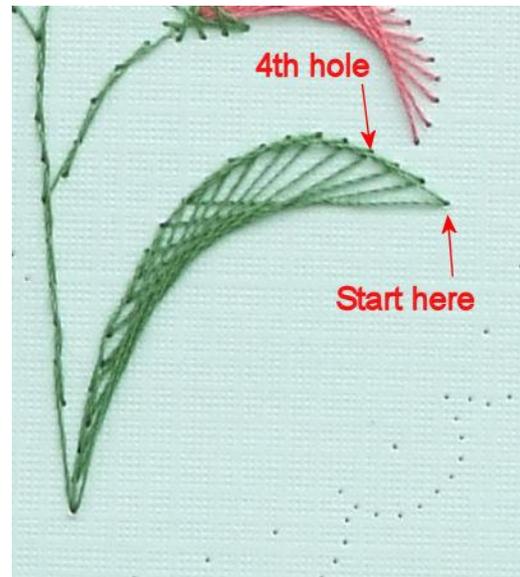
## Step 9 - Right Leaf, Layer 1



Stitch up at the far right hole. Count forward to the 11<sup>th</sup> hole and stitch down. Stitch up at the 12<sup>th</sup> hole and down at the 2<sup>nd</sup> hole, up at the 3<sup>rd</sup> hole, down at the 13<sup>th</sup> hole. Continue until you reach the bottom of the leaf.

### Step 10 - Right Leaf, Layer 2

Stitch up at the far right hole. Count forward to the fourth hole and stitch down. Stitch up at the fifth hole, down at the second hole, up at the third hole, down at the sixth hole. Continue to the bottom of the leaf.



### Step 11 Left Leaf, Layer 1

Stitch up at the far left hole. Count forward to the tenth hole and stitch down. Stitch up at the 11<sup>th</sup> hole, down at the second hole, up at the third hole, down at the 12<sup>th</sup> hole. Continue until you reach the bottom of the leaf.

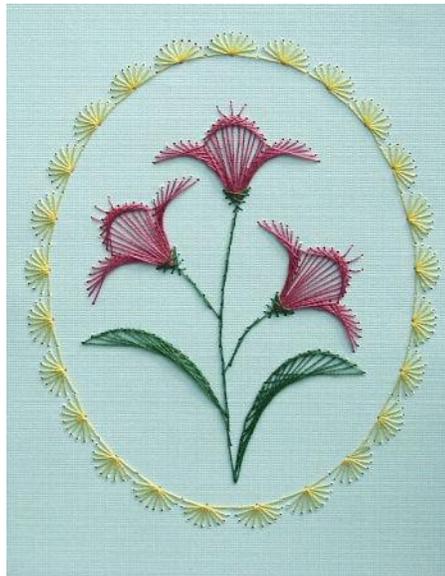
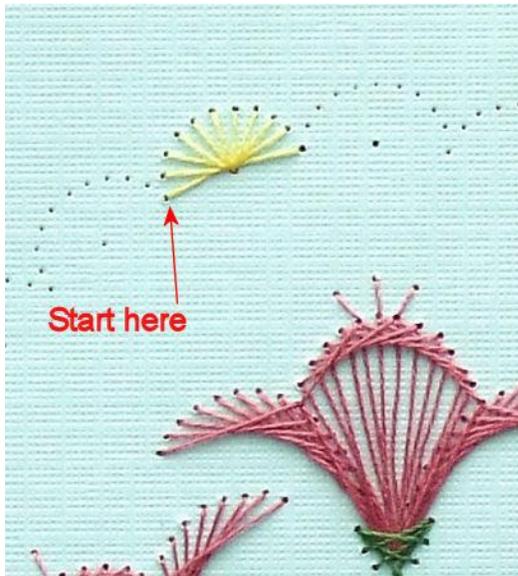


### Step 12 Left Leaf, Layer 2

Stitch the top edge of the leaf in the same method as you stitched the stems, up at 1 down at 3, up at 2 down at 4, etc. Continue to the bottom of the leaf.

### Step 13 – Scallops, Layer 1

Using a single strand of yellow (DMC 726) floss, stitch up at the edge of the scallop and down through the center hole. Advance one hole all the way around the scallop as shown. Repeat for all scallops.



### Step 14 – Scallop Outline

Using a single strand of dark pink floss (DMC 3687), stitch around the scallops with the same stitch as you used to stitch the stems.

### Step 15 – Finishing the Stamens

Add a french knot to the end of each stamen.



### Step 16 – Cut around the edge

Carefully cut around the edge of the scallops leaving a narrow border.



### Step 18

Cut a length of ribbon a little wider than the card. Wrap the left ends around the edges and zot them to the back and the inside front of the card. Make a bow and Zot it in place on the ribbon.

### Step 19

Use the Layered Labels template to make a small label and stamp it using the Just A Note stamp and ColorBox Magenta pigment ink. Emboss with clear embossing powder. Zot the label in place on the ribbon as shown.

### Step 17

Ink the edges of the scallops with Tumbled Glass distress ink, taking care not to get the ink on the embroidery floss.

Ink the edges of the scrapbook paper and the card with Tea Dye distress ink. Layer the scrapbook paper and the embroidered work onto the card base.

